



#WeSupportU

**Personal Values
Card Sort**

IMPORTANT TO ME

**VERY IMPORTANT
TO ME**

**NOT IMPORTANT
TO ME**

ACCEPTANCE
TO BE ACCEPTED AS I AM

ACCURACY
TO BE ACCURATE IN MY OPINIONS AND BELIEFS

ACHIEVEMENT
TO HAVE IMPORTANT ACCOMPLISHMENTS

ADVENTURE
TO HAVE NEW AND EXCITING EXPERIENCES

ATTRACTIVENESS
TO BE PHYSICALLY ATTRACTIVE

AUTHORITY
TO BE IN CHARGE OF AND
RESPONSIBLE FOR OTHERS

AUTONOMY

TO BE SELF-DETERMINED AND INDEPENDENT

BEAUTY

TO APPRECIATE BEAUTY AROUND ME

CARING

TO TAKE CARE OF OTHERS

CHALLENGE

TO TAKE ON DIFFICULT TASKS AND PROBLEMS

CHANGE

TO HAVE A LIFE FULL OF CHANGE AND VARIETY

COMFORT

TO HAVE A PLEASANT AND COMFORTABLE LIFE

COMMITMENT

TO MAKE ENDURING,
MEANINGFUL COMMITMENTS

COMPASSION

TO FEEL AND ACT ON CONCERN FOR OTHERS

CONTRIBUTION

TO MAKE A LASTING
CONTRIBUTION IN THE WORLD

COOPERATION

TO WORK COLLABORATIVELY WITH OTHERS

COURTESY

TO BE CONSIDERATE AND
POLITE TOWARDS OTHERS

CREATIVITY

TO HAVE NEW AND ORIGINAL IDEAS

DEPENDABILITY

TO BE RELIABLE AND TRUSTWORTHY

DUTY

TO CARRY OUT MY DUTIES AND OBLIGATIONS

ECOLOGY

TO LIVE IN HARMONY WITH THE ENVIRONMENT

EXCITEMENT

TO HAVE A LIFE FULL OF
THRILLS AND STIMULATION

FAITHFULNESS

TO BE LOYAL AND TRUE IN RELATIONSHIPS

FAME

TO BE KNOWN AND RECOGNIZED

FAMILY

TO HAVE A HAPPY, LOVING FAMILY

FITNESS

TO BE PHYSICALLY FIT AND STRONG

FLEXIBILITY

TO ADJUST TO NEW CIRCUMSTANCES EASILY

FORGIVENESS

TO BE FORGIVING OF OTHERS

FRIENDSHIP

TO HAVE CLOSE, SUPPORTIVE FRIENDS

FUN

TO PLAY AND HAVE FUN

GENEROSITY

TO GIVE WHAT I HAVE TO OTHERS

GENUINENESS

TO ACT IN A MANNER THAT IS
TRUE TO WHO I AM

GROWTH

TO KEEP CHANGING AND GROWING

HEALTH

TO BE PHYSICALLY WELL AND HEALTHY

HELPFULNESS

TO BE HELPFUL TO OTHERS

HONESTY

TO BE HONEST AND TRUTHFUL

HOPE

TO MAINTAIN A POSITIVE AND
OPTIMISTIC OUTLOOK

HUMILITY

TO BE MODEST AND ASSUMING

HUMOR

TO SEE THE HUMOROUS SIDE
OF MYSELF AND THE WORLD

INDEPENDENCE

TO BE FREE FROM DEPENDENCE ON OTHERS

INDUSTRY

TO WORK HARD AND WELL AT MY LIFE TASKS

INNER PEACE

TO EXPERIENCE PERSONAL SPACE

INTIMACY

TO SHARE MY INNERMOST
EXPERIENCES WITH OTHERS

JUSTICE

TO PROMOTE FAIR AND
EQUAL TREATMENT FOR ALL

KNOWLEDGE

TO LEARN AND CONTRIBUTE
VALUABLE KNOWLEDGE

LEISURE

TO TAKE TIME TO RELAX AND ENJOY

LOVED

TO BE LOVED BY THOSE CLOSE TO ME

LOVING

TO GIVE LOVE TO OTHERS

MASTERY

TO BE COMPETENT IN MY EVERYDAY ACTIVITIES

MINDFULNESS

TO LIVE CONSCIOUS AND MINDFUL
OF THE PRESENT MOMENT

MODERATION

TO AVOID EXCESSIVE AND
FIND A MIDDLE GROUND

MONOGAMY

TO HAVE ONE CLOSE, LOVING RELATIONSHIP

NON-CONFORMITY

TO QUESTION AND CHALLENGE
AUTHORITY AND NORMS

NURTURANCE

TO TAKE CARE OF AND NURTURE OTHERS

OPENNESS

TO BE OPEN TO NEW
EXPERIENCES, IDEAS, AND OPTIONS

ORDER

TO HAVE A LIFE THAT IS
WELL-ORDERED AND ORGANIZED

PASSION

TO HAVE DEEP FEELINGS ABOUT
IDEAS, ACITIVITIES, OR PEOPLE

PLEASURE

TO FEEL GOOD

POPULARITY

TO BE WELL-LIKED BY MANY PEOPLE

POWER

TO HAVE CONTROL OVER OTHERS

PURPOSE

TO HAVE MEANING AND DIRECTION IN MY LIFE

RATIONALITY

TO BE GUIDED BY REASON AND LOGIC

REALISM

TO SEE AND ACT
REALISTICALLYAND PRACTICALLY

RESPONSIBILITY

TO MAKE AND CARRY OUT
RESPONSIBLE DECISIONS

RISK

TO TAKE RISKS AND CHANCES

ROMANCE

TO HAVE INTENSE,
EXCITING LOVE IN MY LIFE

<p>SAFETY TO BE SAFE AND SECURE</p>	<p>SELF-ACCEPTANCE TO ACCEPT MYSELF AS I AM</p>
<p>SELF-CONTROL TO BE DISCIPLINED IN MY OWN ACTIONS</p>	<p>SELF-ESTEEM TO FEEL GOOD ABOUT MYSELF</p>
<p>SELF-KNOWLEDGE TO HAVE A DEEP AND HONEST UNDERSTANDING OF MYSELF</p>	<p>SERVICE TO BE OF SERVICE TO OTHERS</p>
<p>SEXUALITY TO HAVE AN ACTIVE AND SATISFYING SEX LIFE</p>	<p>SIMPLICITY TO LIVE LIFE SIMPLY, WITH MINIMAL NEEDS</p>
<p>SOLITUDE TO HAVE TIME AND SPACE WHERE I CAN BE APART FROM OTHERS</p>	<p>SPIRITUALITY TO GROW AND MATURE SPIRITUALLY</p>

<p>STABILITY TO HAVE A LIFE THAT STAYS CONSISTENT</p>	<p>TOLERANCE TO ACCEPT AND RESPECT THOSE WHO DIFFER FROM ME</p>
<p>TRADITION TO FOLLOW RESPECTED PATTERNS OF THE PAST</p>	<p>VIRTUE TO LIVE A MORALLY PURE AND EXCELLENT LIFE</p>
<p>WEALTH TO HAVE PLENTY OF MONEY</p>	<p>WORLD PEACE TO WORK TO PROMOTE PEACE IN THE WORLD</p>
<p>OTHER VALUE:</p>	<p>OTHER VALUE:</p>
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